# 18 Life in the Era of Expansion

### 1650-1800

The discussion of agriculture and industry in the last chapter showed the common people at work, straining to make ends meet within the larger context of population growth, gradual economic expansion, and ferocious political competition at home and overseas. This chapter shows us how that world of work was embedded in a rich complex of family organization, community practices, everyday experiences, and collective attitudes. As with the economy, traditional habits and practices of daily life changed considerably over the eighteenth century. Change was particularly dramatic in the growing cities of northwestern Europe, where traditional social controls were undermined by the anonymity and increased social interaction of the urban setting.

Historians have intensively studied many aspects of popular life, including marriage patterns and family size, childhood and education, nutrition, health care, and religious worship. Uncovering the life of the common people is a formidable challenge because they left few written records and regional variations abounded. Yet imaginative research has resulted in major findings and much greater knowledge. It is now possible to follow the common people into their homes, workshops, churches, and taverns and to ask, "What were the everyday experiences of ordinary people, and how did they change over the eighteenth century?"



#### ONLINE DOCUMENT ASSIGNMENT

#### The Inner Life of the Individual

How did the increasing emphasis on the inner life and development of the individual in the eighteenth century find expression in the art of the period? Go to the Integrated Media and analyze a series of paintings by Jean-Baptiste-Siméon Chardin that depict various aspects of daily life and reveal the era's increased attention to individual emotion and development. Then complete a writing assignment based on the evidence and details from this chapter.



Life in the Eighteenth Century. The huge fresh-food market known as Les Halles was the pulsing heart of eighteenthcentury Paris. Here, peddlers offer food and drink to the men and women of the market, many of whom had arrived in the predawn hours to set up their stalls. (akg-images)

#### CHAPTER PREVIEW



#### LearningCurve

After reading the chapter, go online and use LearningCurve to retain what you've read.

#### Marriage and the Family

What changes occurred in marriage and the family in the course of the eighteenth century?

#### Children and Education

What was life like for children, and how did attitudes toward childhood evolve?

#### Popular Culture and Consumerism

How did increasing literacy and new patterns of consumption affect people's lives?

#### Religious Authority and Beliefs

What were the patterns of popular religion, and how did they interact with the worldview of the educated public and their Enlightenment ideals?

#### Medical Practice

How did the practice of medicine evolve in the eighteenth century?

#### Marriage and the Family

What changes occurred in marriage and the family in the course of the eighteenth century?

The basic unit of social organization is the family. Within the structure of the family human beings love, mate, and reproduce. It is primarily the family that teaches the child, imparting values and customs that condition an individual's behavior for a lifetime. The family is also an institution woven into the web of history. It evolves and changes, assuming different forms in different times and places. The eighteenth century witnessed such an evolution, as patterns of marriage shifted and individuals adapted and conformed to the new and changing realities of the family unit.

## Late Marriage and Nuclear Families

Because census data before the modern period are rare, historians have turned to parish registers of births,

deaths, and marriages to uncover details of European family life before the nineteenth century. These registers reveal that the three-generation extended family was a rarity in western and central Europe. When young European couples married, they normally established their own households and lived apart from their parents, much like the nuclear families (a family group consisting of parents and their children with no other relatives) common in America today. If a three-generation household came into existence, it was usually because a widowed parent moved into the home of a married child.

Most people did not marry young in the seventeenth and eighteenth centuries. The average person married surprisingly late, many years after reaching adulthood and many more after beginning to work. Studies of western Europe in the seventeenth and eighteenth centuries show that both men and women married for the first time at an average age of twenty-five to twenty-seven. Furthermore, 10 to 20 percent of men and women in western Europe never married at all. Matters were different in eastern Europe, where the multigeneration household was the norm, marriage occurred

Young Serving Girl Increased migration to urban areas in the eighteenth century contributed to a loosening of traditional morals and soaring illegitimacy rates. Young women who worked as servants or shopgirls could not be supervised as closely as those who lived at home. The themes of seduction, fallen virtue, and familial conflict were popular in eighteenth-century art, such as in this painting by Pietro Longhi (1702–1785). (akg-images/Cameraphoto)



around age twenty, and permanent celibacy was much less common.

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Why did young people in western Europe delay marriage? The main reason was that couples normally did not marry until they could start an independent household and support themselves and their future children. Peasants often needed to wait until their father's death to inherit land and marry. In the towns, men and women worked to accumulate enough savings to start a small business and establish their own home. As one father stated in an advice book written for his son: "Money is the sinew of love, as well as war; you can do nothing happily in wedlock without it; the other [virtue and beauty] are court-cards, but they are not of the trump-suit and are foiled by every sneaking misadventure."1

Laws and tradition also discouraged early marriage. In some areas couples needed permission from the local lord or

landowner in order to marry. Poor couples had particular difficulty securing the approval of local officials, who believed that freedom to marry for the lower classes would result in more landless paupers, more abandoned children, and more money for welfare. Village elders often agreed.

The custom of late marriage combined with the nuclear-family household distinguished western European society from other areas of the world. Historians have argued that this late-marriage pattern was responsible for at least part of the economic advantage western Europeans acquired relative to other world regions. Late marriage joined a mature man and a mature woman — two adults who had already accumulated social and economic capital and could transmit self-reliance and skills to the next generation. This marriage pattern also favored a greater degree of equality between husband and wife.

#### Work Away from Home

Many young people worked within their families until they could start their own households. Boys plowed and wove; girls spun and tended the cows. Many others left home to work elsewhere. In the trades, a lad would enter apprenticeship around age fifteen and finish in his late teens or early twenties. During that time he would not be permitted to marry. An apprentice from a rural village would typically move to a city or town to learn a trade, earning little and working hard. If he was lucky and had connections, he might eventually be admitted to a guild and establish his economic independence. Many poor families could not afford

	Chronology
1684	Jean-Baptiste de la Salle founds Brothers of the Christian Schools
1717	Elementary school attendance mandatory in Prussia
1750-1790	John Wesley preaches revival in England
1750-1850	Illegitimacy explosion
1757	Madame du Coudray publishes Manual on the Art of Childbirth
1762	Jean-Jacques Rousseau advocates more attentive child care in <i>Emile</i>
1763	Louis XV orders Jesuits out of France
1774	Elementary school attendance mandatory in Austria
1776	Thomas Paine publishes Common Sense
1796	Edward Jenner performs first smallpox vaccination

apprenticeships for their sons. Without craft skills, these youths drifted from one tough job to another: hired hand for a small farmer, wage laborer on a new road, carrier of water or domestic servant in a nearby town.

Many adolescent girls also left their families to work. The range of opportunities open to them was more limited, however. Apprenticeship was sometimes available with mistresses in traditionally female occupations like seamstress, linen draper, or midwife. With the growth in production of finished goods for the emerging consumer economy during the eighteenth century (see Chapter 17), demand rose for skilled female labor and, with it, greater opportunities for women. Even male guildsmen hired girls and women, despite guild restrictions.

Service in another family's household was by far the most common job for girls, and even middle-class families often sent their daughters into service. The legions of young servant girls worked hard but had little independence. Constantly under the eye of her mistress, the servant girl had many tasks—cleaning, shopping, cooking, child care. Often the work was endless, for there were few laws to limit exploitation. Court records are full of servant girls' complaints of physical mistreatment by their mistresses. There were many like the fifteen-year-old English girl in the early eighteenth century who told the judge that her mistress had not only called her "very opprobrious names, as Bitch, Whore and the like," but also "beat her without provocation and beyond measure."<sup>2</sup>

Male apprentices told similar tales of abuse and they shared the legal status of "servants" with housemaids, but they were far less vulnerable to the sexual

exploitation that threatened young girls. In theory, domestic service offered a girl protection and security in a new family. But in practice she was often the easy prey of a lecherous master or his sons or friends. If the girl became pregnant, she could be fired and thrown out in disgrace. Many families could not or would not accept such a girl back into the home. Forced to make their own way, these girls had no choice but to turn to a harsh life of prostitution (see page 580) and petty thievery. "What are we?" exclaimed a bitter Parisian prostitute. "Most of us are unfortunate women, without origins, without education, servants and maids for the most part."3 Adult women who remained in service, at least in large towns and cities, could gain more autonomy and distressed their employers by changing jobs frequently.

## Premarital Sex and Community Controls

Ten years between puberty and marriage was a long time for sexually mature young people to wait. Many unmarried couples satisfied their sexual desires with fondling and petting. Others went further and engaged in premarital intercourse. Those who did so risked pregnancy and the stigma of illegitimate birth.

#### community controls

A pattern of cooperation and common action in a traditional village that sought to uphold the economic, social, and moral stability of the closely knit community.

**charivari** Degrading public rituals used by village communities to police personal behavior and maintain moral standards.

Birth control was not unknown in Europe before the nineteenth century, but it was primitive and unreliable. Condoms, made from sheep intestines, became available in the mid-seventeenth century, replacing uncomfortable earlier versions made from cloth. They were expensive and mainly used by aristocratic libertines and prostitutes. The most common method of contraception was coitus interruptus—withdrawal by the male before ejaculation. The

French, who were early leaders in contraception, were using this method extensively by the end of the eighteenth century.

Despite the lack of reliable contraception, premarital sex did not result in a large proportion of illegitimate births in most parts of Europe until 1750. English parish registers seldom listed more than one illegitimate child out of every twenty children baptized. Some French parishes in the seventeenth century had extraordinarily low rates of illegitimacy, with less than 1 percent of babies born out of wedlock. Illegitimate babies were apparently a rarity, at least as far as the official records are concerned.

Where collective control over sexual behavior among youths failed, community pressure to marry often prevailed. A study of seven representative parishes in seventeenth-century England shows that around 20 percent of children were conceived before the couple was married, while only 2 percent were born out of wedlock. Figures for the French village of Auffay in Normandy in the eighteenth century were remarkably similar. No doubt many of these French and English couples were already engaged, or at least in a committed relationship, before they entered into intimate relations, and pregnancy simply set the marriage date once and for all.

The combination of low rates of illegitimate birth with large numbers of pregnant brides reflects the powerful **community controls** of the traditional village, particularly the open-field village, with its pattern of cooperation and common action. An unwed mother with an illegitimate child was inevitably viewed as a grave threat to the economic, social, and moral stability of the community. Irate parents, anxious village elders, indignant priests, and stern landlords all combined to pressure young people who wavered about marriage in the face of unexpected pregnancies. In the countryside these controls meant that premarital sex was not entered into lightly and that it was generally limited to those contemplating marriage.

The concerns of the village and the family weighed heavily on couples' lives after marriage as well. Whereas uninvolved individuals today try to stay out of the domestic disputes of their neighbors, the people in peasant communities gave such affairs loud and unfavorable publicity either at the time or during the carnival season (see page 587). Relying on degrading public rituals, known as charivari, the young men of the village would typically gang up on their victim and force him or her to sit astride a donkey facing backward and holding up the donkey's tail. They would parade the overly brutal spouse-beater or the adulterous couple around the village, loudly proclaiming the offenders' misdeeds. The donkey ride and other colorful humiliations ranging from rotten vegetables splattered on the doorstep to obscene and insulting midnight serenades were common punishments throughout much of Europe. They epitomized the community's effort to police personal behavior and maintain moral standards.

## New Patterns of Marriage and Illegitimacy

In the second half of the eighteenth century, long-standing patterns of marriage and illegitimacy shifted dramatically. One important change was an increased ability for young people to choose partners for themselves, rather than following the interests of their families. This change occurred because social and economic transformations made it harder for families and communities to supervise their behavior. More youths in the countryside worked for their own wages, rather



The Village Wedding The spirited merrymaking of a peasant wedding was a popular theme of European artists in the eighteenth century. Given the harsh conditions of life, a wedding provided a treasured moment of feasting, dancing, and revelry. With the future of the village at stake, the celebration of marriage was a public event. (Private Collection/The Bridgeman Art Library)

than on a family farm, and their economic autonomy translated into increased freedom of action. Moreover, many youths joined the flood of migrants to the cities, either with their families or in search of work on their own. Urban life provided young people with more social contacts and less social control.

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A less positive outcome of loosening social control was an **illegitimacy explosion**, concentrated in England, France, Germany, and Scandinavia. In Frankfurt, Germany, for example, births out of wedlock rose steadily from about 2 percent of all births in the early 1700s to a peak of about 25 percent around 1850. In Bordeaux, France, 36 percent of all babies were being born out of wedlock by 1840. Small towns and villages experienced less startling climbs, but between 1750 and 1850 increases from a range of 1 to 3 percent initially and then 10 to 20 percent were commonplace. The rise in numbers did not alter social disapproval of single mothers and their offspring, leaving them in desperate circumstances.

Why did the number of illegitimate births sky-rocket? One reason was a rise in sexual activity among young people. The loosened social controls that gave young people more choice in marriage also provided

them with more opportunities to yield to the attraction of the opposite sex. As in previous generations, many of the young couples who engaged in sexual activity intended to marry. In one medium-size French city in 1787–1788, the great majority of unwed mothers stated that sexual intimacy had followed promises of marriage. Their sisters in rural Normandy frequently reported that they had been "seduced in anticipation of marriage."<sup>5</sup>

The problem for young women who became pregnant was that fewer men followed through on their promises. The second half of the eighteenth century witnessed sharply rising prices for food, homes, and other necessities of life. Many soldiers, day laborers, and male servants were no doubt sincere in their proposals, but their lives were insecure, and they hesitated to take on the burden of a wife and child.

Thus, while some happy couples benefited from matches of love rather than convenience, in many cases the intended marriage did not take place. The romantic yet practical dreams and aspirations of young people were

#### illegitimacy explosion

The sharp increase in out-of-wedlock births that occurred in Europe between 1750 and 1850, caused by low wages and the breakdown of community controls.

frustrated by low wages, inequality, and changing economic and social conditions. Old patterns of marriage and family were breaking down. Only in the late nineteenth century would more stable patterns reappear.

#### Sex on the Margins of Society

Not all sex acts took place between men and women hopeful of marriage. Prostitution offered both single and married men an outlet for sexual desire. After a long period of relative tolerance, prostitutes encountered increasingly harsh and repressive laws in the sixteenth and early seventeenth centuries as officials across Europe closed licensed brothels and declared prostitution illegal.

Despite this repression, prostitution continued to flourish in the eighteenth century. Most prostitutes were working women who turned to the sex trade when confronted with unemployment. Such women did not become social pariahs, but retained ties with the communities of laboring poor to which they belonged. If caught by the police, however, they were liable to imprisonment or banishment. Venereal disease was also a constant threat. Prostitutes were subjected to humiliating police examinations for disease, although medical treatments were at best rudimentary. Farther up the social scale were courtesans whose wealthy protectors provided apartments, servants, fashionable clothing, and cash allowances. After a brilliant but brief career, an aging courtesan faced with the loss of her wealthy client could descend once more to streetwalking.

Relations between individuals of the same sex attracted even more condemnation than did prostitution, since they defied the Bible's limitation of sex to the purposes of procreation. Male same-sex relations, described as "sodomy" or "buggery," were prohibited by law in most European states, under pain of death. Such laws, however, were enforced unevenly, most strictly in Spain and far less so in the Scandinavian countries and Russia.<sup>6</sup>

Protected by their status, nobles and royals sometimes openly indulged their same-sex passions, which were accepted as long as they married and produced legitimate heirs. It was common knowledge that King James I, sponsor of the first translation of the Bible into English, had male lovers, but such relations did not prevent him from having seven children with his wife, Anne of Denmark. The duchess of Orléans, sister-in-law of French king Louis XIV, repeated rumors in her letters about the homosexual inclinations of King William of England, hero of the Glorious Revolution (see Chapter 15). She was hardly shocked by the news, given the fortune and favor her own husband lavished on his many *mignons*, as they were called.

In the late seventeenth century new homosexual subcultures began to emerge in Paris, Amsterdam, and

London, with their own slang, meeting places, and styles of dress. Unlike the relations described above, which involved men who took both wives and male lovers, these groups included men exclusively oriented toward other men. In London, they called themselves "mollies," a term originally applied to prostitutes, and some began to wear women's clothing and act in effeminate ways. A new self-identity began to form among homosexual men: a belief that their same-sex desire made them fundamentally different from other men. As a character in one late-eighteenth-century fiction declared, he was in "a category of men different from the other, a class Nature has created in order to diminish or minimize propagation."

Same-sex relations existed among women as well, but they attracted less anxiety and condemnation than those among men. Some women were prosecuted for "unnatural" relations; others attempted to escape the narrow confines imposed on them by dressing as men. Cross-dressing women occasionally snuck into the armed forces, such as Ulrika Elenora Stålhammar, who served as a man in the Swedish army for thirteen years and married a woman. After confessing her transgressions, she was sentenced to a lenient one-month imprisonment. The beginnings of a distinctive lesbian subculture appeared in London at the end of the eighteenth century.

Across the early modern period, traditional tolerance for sexual activities outside of heterosexual marriage—be they sex with prostitutes or same-sex relations among male courtiers—faded. This process accelerated in the eighteenth century as Enlightenment critics attacked court immorality and preached virtue and morality for middle-class men, who were expected to prove their worthiness to claim the reins of political power.

#### **Children and Education**

What was life like for children, and how did attitudes toward childhood evolve?

On the whole, western European women married late, but then began bearing children rapidly. If a woman married before she was thirty, and if both she and her husband lived to fifty, she would most likely give birth to six or more children. Infant mortality varied across Europe, but was very high by modern standards, and many women died in childbirth due to limited medical knowledge.

For those children who did survive, new Enlightenment ideals in the latter half of the century stressed the importance of parental nurturing. New worldviews also led to an increase in elementary schools through

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out Europe, but despite the efforts of enlightened about this and religious institutions, formal education reached only a minority of ordinary children.

### Child Care and Nursing

Newborns entered a dangerous world. They were vulnerable to infectious diseases, and many babies died of dehydrarion brought about by bad bouts of ordinary diarrhea. Of those who survived infancy, many more died in childhood. Even in a rich family, little could be done for an ailing child. Childbirth was also dangerous. Women who bore six children faced a cumulative risk of dying in childbirth of 5 to 10 percent, a thousand times as great as the risk in Europe today.9 They died from blood loss and shock during delivery and from infections caused by unsanitary conditions. The joy of pregnancy was thus shadowed by fear of loss of the mother or her child.

In the countryside, women of the lower classes generally breast-fed their infants for two years or more. Although not a foolproof means of birth control, breast-feeding decreases the likelihood of pregnancy by delaying the resumption of ovulation. By nursing their babies, women limited their fertility and spaced their children two or three years apart. Nursing also saved lives: breast-fed infants received precious immunityproducing substances and were more likely to survive than those who were fed other food.

Areas where babies were not breast-fed—typically in northern France, Scandinavia, and central and eastern Europe — experienced the highest infant mortality rates. In these areas, many people believed that breastfeeding was bad for a woman's health or appearance. Across Europe, women of the aristocracy and upper middle class seldom nursed their own children because they found breast-feeding undignified and it interfered with their social responsibilities. The alternatives to breast-feeding consisted of feeding babies cow's or goat's milk or paying lactating women to provide their milk.

Wealthy women hired live-in wet nurses to suckle their babies (which usually meant sending the nurse's own infant away to be nursed by someone else). Working women in the cities also relied on wet nurses because they needed to earn a living. Unable to afford live-in wet nurses, they often turned to the cheaper services of women in the countryside. Rural wet-nursing was a widespread business in the eighteenth century, conducted within the framework of the putting-out system. The traffic was in babies rather than in yarn or cloth, and two or three years often passed before the wet-nurse worker in the countryside finished her task.

Wet-nursing was particularly common in northern France. Toward the end of the century, roughly twenty thousand babies were born in Paris each year. Almost half were placed with rural wet nurses through a government-supervised distribution network; 20 to 25 percent were placed in the homes of Parisian nurses personally selected by their parents; and another 20 to 25 percent were abandoned to foundling hospitals, which would send them to wet nurses in the countryside. The remainder (perhaps 10 percent) were nursed at home by their mothers or live-in nurses. 10

Reliance on wet nurses raised levels of infant mortality because of the dangers of travel, the lack of supervision of conditions in wet nurses' homes, and the need to share milk between a wet nurse's own baby and the one or more babies she was hired to feed. A study of parish registers in northern France during the late seventeenth and early eighteenth centuries reveals that 35 percent of babies died before their first birthday, and another 20 percent before age ten.<sup>11</sup> In England, where more mothers nursed, only some 30 percent of children did not reach their tenth birthday.

Mortality rates were also higher in overcrowded and dirty cities; in low-lying, marshy regions; and during summer months when rural women were busy in agricultural work and had less time to tend to infants. The corollary of high infant mortality was high fertility. Women who did not breast-feed their babies or whose children died in infancy became pregnant more quickly and bore more children. Thus, on balance, the number of children who survived to adulthood tended to be the same across Europe, with higher births balancing the greater loss of life in areas that relied on wet-nursing.

In the second half of the eighteenth century, critics mounted a harsh attack against wet-nursing. Enlightenment thinkers proclaimed that wet-nursing was robbing European society of reaching its full potential.

They were convinced, incorrectly, that the population was declining (in fact it was rising, but they lacked accurate population data) and blamed this decline on women's failure to nurture their children properly. Some also railed against practices of contraception

wet-nursing A widespread and flourishing business in the eighteenth century in which women were paid to breast-feed other women's babies.

and masturbation, which they believed were robbing their nations of potential children. Despite these complaints, many women continued to rely on wet nurses for convenience or from necessity.

#### Foundlings and Infanticide

The young woman who could not provide for an unwanted child had few choices, especially if she had no prospect of marriage. Abortions were illegal, dangerous, and apparently rare. In desperation, some women, particularly in the countryside, hid unwanted pregnancies, delivered in secret, and smothered their newborn infants. If discovered, infanticide was punishable by death.

Women in cities had more choices for disposing of babies they could not support. Foundling homes (orphanages) first took hold in Italy, Spain, and Portugal in the sixteenth century, spreading to France in 1670 and the rest of Europe thereafter. In eighteenth-century England the government acted on a petition calling for a foundling hospital "to prevent the frequent murders of poor, miserable infants at birth" and "to suppress the inhuman custom of exposing newborn children to perish in the streets." By the end of the eighteenth century, European foundling hospitals were admitting annually about one hundred thousand abandoned children, nearly all of them infants. At their best, foundling homes were a good example of Christian charity and social concern in an age of great poverty and inequality. Yet the foundling home was no panacea. By the 1770s one-third of all babies born in Paris were being immediately abandoned to foundling homes by their mothers. Many were the offspring of single women, the result of the illegitimacy explosion of the second half of the eighteenth century. But fully onethird of all the foundlings were abandoned by married couples too poor to feed another child.12

Millions of babies entered foundling homes, but few left. Even in the best of these homes, 50 percent of the babies normally died within a year. In the worst, fully 90 percent did not survive, falling victim to infectious disease, malnutrition, and neglect. <sup>13</sup> There appears to have been no differentiation by sex in the numbers of children sent to foundling hospitals.

#### **Attitudes Toward Children**

What were the typical circumstances of children's lives? Some scholars have claimed that high mortality rates prevented parents from forming emotional attachments to young children. With a reasonable expectation that a child might die, some scholars believe, parents maintained an attitude of indifference, if not downright negligence. Most historians now believe, however, that seventeenth- and eighteenth-century parents did love their children, suffered anxiously when they fell ill, and experienced extreme anguish when they died.

### ON

#### ONLINE DOCUMENT ASSIGNMENT

#### The Inner Life of the Individual

How did the increasing emphasis on the inner life and development of the individual in the eighteenth century find expression in the art of the period? Go to the Integrated Media and analyze a series of paintings by Jean-Baptiste-Siméon Chardin that depict various aspects of daily life and reveal the era's increased attention to individual emotion and development.

Parents were well aware of the dangers of infancy and childhood. The great eighteenth-century English historian Edward Gibbon (1737–1794) wrote, with some exaggeration, that "the death of a new born child before that of its parents may seem unnatural but it is a strictly probable event, since of any given number the greater part are extinguished before the ninth year, before they possess the faculties of the mind and the body." Gibbon's father named all his boys Edward after himself, hoping that at least one of them would survive to carry his name. His prudence was not misplaced. Edward the future historian and eldest survived. Five brothers and sisters who followed him all died in infancy.

Emotional prudence could lead to emotional distance. The French essayist Michel de Montaigne, who lost five of his six daughters in infancy, wrote, "I cannot abide that passion for caressing new-born children, which have neither mental activities nor recognisable bodily shape by which to make themselves loveable and I have never willingly suffered them to be fed in my presence."14 In contrast to this harsh picture, however, historians have drawn ample evidence from diaries, letters, and family portraits that parents of all social classes did cherish their children. This was equally true of mothers and fathers and of attitudes toward sons and daughters. The English poet Ben Jonson wrote movingly in "On My First Son" of the death of his sixyear-old son Benjamin, which occurred during a London plague outbreak in 1603:

Farewell, thou child of my right hand, and joy; My sin was too much hope of thee, loved boy. Seven years thou wert lent to me, and I thee pay, Exacted by thy fate, on the just day.

In a society characterized by much violence and brutality, discipline of children was often severe. The axiom "Spare the rod and spoil the child" seems to have been coined in the mid-seventeenth century. Susannah Wesley (1669-1742), mother of John Wesley. the founder of Methodism (see page 598), agreed. According to her, the first task of a parent toward her children was "to conquer the will, and bring them to an obedient temper." She reported that her babies were "taught to fear the rod, and to cry softly; by which means they escaped the abundance of correction they might otherwise have had, and that most odious noise of the crying of children was rarely heard in the house."15 They were beaten for lying, stealing, disobey ing, and quarreling, and forbidden from playing with other neighbor children. Susannah's methods of disciplining her children were probably extreme even in her own day, but they do reflect a broad consensus that children were born with an innately sinful will that



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The life of Jacques-Louis Ménétra, a Parisian glazier, exemplified many of the social patterns of his day. He lost his mother in infancy, was educated at a parish school, married late, and had four children, two of whom died. Ménétra distinguished himself from other workingmen, however, by writing an autobiography describing his tumultuous childhood, his travels around France as a journeyman, and his settled life as a guild master. Ménétra's father was often violent, but he fiercely defended his son against rumored child abductions in Paris (in reality the police had overstepped orders to arrest children loitering in the streets).

I was born on 13 July 1738 a native of this great city.

My father belonged to the class usually called artisans.

His profession was that of glazier. Hence it is with him that I begin my family tree and I shall say nothing about my ancestors. My father married and set himself up at the same time and wed a virtuous girl who gave him four children, three daughters and one boy, myself, all of whose little pranks I'm going to write about.

My father became a widower when I was two years old. I had been put out to nurse. My grandmother who always loved me a great deal and even idolized me, knowing that the nurse I was with had her milk gone bad, came to get me and after curing me put me back out to nurse [where] I ended up with a pretty good woman who taught me early on the profession of begging. My [grand]mother and my godfather when they came to see me . . . found me in a church begging charity. They took me home and from then until the age of eleven I lived with my good grandmother. My father wanted me back, afraid that he would have to pay my board. He put me to work in his trade even though several people tried to talk him out of it [but] he wouldn't listen to them. . . .

When I felt a little better, I went back to my usual ways which is to say that my father was always angry with me.

One night when I was lighting the way in a staircase where he was installing a casement and not mounting it the way he wanted with an angry kick [he] knocked out all my teeth. When I got back home my (step)mother took me to a dentist by the name of Ricie who put back the teeth that weren't broken and I went three weeks eating nothing but bouillon and soup.

In those days it was rumored that they were taking young boys and bleeding them and that they were lost forever and that their blood was used to bathe a princess suffering from a disease that could only be cured with human blood. There was plenty of talk about that in Paris. My father came to get me at school as many other fathers did along with seven big coopers armed with crowbars. The rumor was so strong that the windows of the police station were broken and several poor guys were assaulted and one was even burned in the place de Grève because he looked like a police informer. Children weren't allowed to go outside; three poor wretches were hanged in the place de Grève to settle the matter and restore calm in Paris.

#### **EVALUATE THE EVIDENCE**

- What hardships did the young Ménétra face in his childhood? What attitude did he display toward his childhood experiences?
- 2. What characteristic elements of eighteenth-century family life does Ménétra's childhood reflect? Does his story provide evidence for or against the thesis that parents deeply loved their children?

Source: Jacques-Louis Ménétra, *Journal of My Life*, ed. Daniel Roche, trans. Arthur Goldhammer, pp. 18, 21–22. Copyright © 1986 Columbia University Press. Reprinted with permission of the publisher.

Parisian Boyhood," above.)

The Enlightenment produced an enthusiastic new discourse about childhood and child rearing. Starting around 1760 critics called for greater tenderness toward children and proposed imaginative new teaching methods. In addition to supporting foundling homes and urging women to nurse their babies, these new voices indiculed the practice of swaddling babies and using whaleboned corsets to mold children's bones. (See "Primary Source 18.2: The Catechism of Health," page 584.) Instead of dressing children in miniature versions of adult clothing, critics called for comfortable

clothing to allow freedom of movement. Rather than emphasizing original sin, these enlightened voices celebrated the child as an innocent product of nature. Since they viewed nature as inherently positive, Enlightenment educators advocated safeguarding and developing children's innate qualities rather than thwarting and suppressing them. Accordingly, they believed the best hopes for a new society, untrammeled by the prejudices of the past, lay in a radical reform of child-rearing techniques.

One of the century's most influential works on child rearing was Jean-Jacques Rousseau's *Emile, or On Education* (1762). Rousseau argued that boys' education



## The Catechism of Health

In the second half of the eighteenth century, medical reformers sought to educate children (and through them, their parents) on how to take proper care of their bodies. A popular genre was the health "catechism," which took the form of easy-to-understand questions and answers about issues such as fresh air, cleanliness, proper diet, and exercise. The catechisms often promoted new treatments, like smallpox inoculation, and opposed traditional practices of bloodletting, purging, swaddling infants, and wet-nursing. Bernhard Christoph Faust's The Catechism of Health for the Use of Schools and for Domestic Instruction (1794), excerpted below, was distributed in schools and reached a wide audience, including Americans, through a 1798 New York edition.

- Q. What does the little helpless infant stand most in need of?
- A. The love and care of its mother.
- Q. Can this love and care be shewn by other persons?
- A. No. Nothing equals maternal love.
- Q. Why does a child stand so much in need of the love and care of its mother?
- A. Because the attendance and nursing, the tender and affectionate treatment which a child stands in need of, can only be expected from a mother.
- Q. How ought infants to be attended and nursed?
- A. They ought always to breathe fresh and pure air; be kept dry and clean, and immersed in cold water every day.
- Q. Why so?
- A. Because children are now, at the time alluded to, more placid, because not being irritable, they grow and thrive better.
- Q. Is it good to swathe [swaddle] a child?
- A. No. Swathing is a bad custom, and produces in children great anxiety and pains; it is injurious to the growth of the body, and prevents children from being kept clean and dry.

- Q. Do children rest and sleep without being rocked?
- A. Yes. If they be kept continually dry and clean, and in fresh air, they will rest and sleep well, if not disturbed; the rocking and carrying about of children is quite useless.
- Q. It is, therefore, not advisable, I suppose, to frighten children into sleep?
- A. By no means; because they may be thrown into convulsions, and get cramps.
- Q. Is it necessary or good to give children composing draughts, or other medicines that tend to promote sleep?
- A. No. They cause an unnatural, and of course, unwholesome sleep; and are very dangerous and hurtful.
- Q. How long must a mother suckle her child?
- A. For nine or twelve months.
- Q. What food is most suitable for children?
- A. Pure unadulterated cow's milk, with a little water and thin gruel; grated crusts of bread, or biscuit boiled with water only, or mixed with milk. . . .
- Q. Is it good to cover their heads?
- A. By no means; it causes humours to break out. 22

#### **EVALUATE THE EVIDENCE**

- What practices of child rearing does Faust advocate and what practices does he criticize?
- 2. In what ways did Faust's advice challenge traditional methods of caring for babies? How would you contrast the message in this passage with ideas and practices of child rearing described in the autobiography of the Parisian boy (see page 583)?

Source: Bernhard Christoph Faust, The Catechism of Health, trans. J. H. Basse (Dublin: P. Byrne, 1794), pp. 22–23.

should include plenty of fresh air and exercise and that they should be taught practical craft skills in addition to rote book learning. Reacting to what he perceived as the vanity and frivolity of upper-class Parisian women, Rousseau insisted that girls' education focus on their future domestic responsibilities. For Rousseau, women's "nature" destined them solely for a life of marriage and child rearing. The ideas of Rousseau and other reformers were enthusiastically adopted by elite women, some of whom began to nurse their own children.

For all his influence, Rousseau also reveals the occasional hypocrisy of Enlightenment thinkers. Although

a passionate advocate for children's education, Rousseau abandoned the five children he fathered with his common-law wife in foundling hospitals despite their mother's protests. None are known to have survived. For Rousseau, popularizing the idea of creating a natural man was more important than raising real children.

#### The Spread of Elementary Schools

The availability of education outside the home gradually increased over the early modern period. The wealthy led the way in the sixteenth century with special col-

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The First Step of Childhood This tender snapshot of a baby's first steps toward an adoring mother exemplifies new attitudes toward children and raising them ushered in by the Enlightenment. Authors like Jean-Jacques Rousseau encouraged elite mothers like the one pictured here to take a more personal interest in raising their children, instead of leaving them in the hands of indifferent wet nurses and nannies. Many women responded eagerly to this call, and the period saw a more sentimentalized view of childhood and family life. (Erich Lessing/Art Resource, NY)

leges, often run by Jesuits in Catholic areas. Schools charged specifically with educating children of the common people began to appear in the second half of the seventeenth century. They taught six- to twelve-year-old children basic literacy, religion, and perhaps some arithmetic for the boys and needlework for the girls. The number of such schools expanded in the eighteenth century, although they were never sufficient to educate the majority of the population.

Religion played an important role in the spread of education. From the middle of the seventeenth century, Presbyterian Scotland was convinced that the path to salvation lay in careful study of the Scriptures, and it established an effective network of parish schools for rich and poor alike. The Church of England and the dissenting congregations — Puritans, Presbyterians,

Quakers, and so on—established "charity schools" to instruct poor children. The first proponents of universal education, in Prussia, were inspired by the Protestant idea that every believer should be able to read the Bible and by the new idea of raising a population capable of effectively serving the state. As early as 1717 Prussia made attendance at elementary schools compulsory for boys and girls, albeit only in areas where schools already existed. More Protestant German states, such as Saxony and Württemberg (VUHR-tuhm-burg), followed suit in the eighteenth century.

Catholic states pursued their own programs of popular education. In the 1660s France began setting up charity schools to teach poor children their catechism and prayers as well as reading and writing. These were run by parish priests or by new teaching

orders created for this purpose. One of the most famous orders was Jean-Baptiste de la Salle's Brothers of the Christian Schools. Founded in 1684, the schools had thirty-five thousand students across France by the 1780s. Enthusiasm for popular education was even greater in the Habsburg empire. Inspired by the expansion of schools in rival Protestant German states, in 1774 Maria Theresa issued her own compulsory education edict, imposing five hours of school, five days a week, for all children aged six to twelve. The Across Europe some elementary education was becoming a reality, and schools became increasingly significant in the life of the child.

## Popular Culture and Consumerism

How did increasing literacy and new patterns of consumption affect people's lives?

Because of the new efforts in education, basic literacy was expanding among the popular classes, whose reading habits centered primarily on religious material, but who also began to incorporate more practical and entertaining literature. In addition to reading, people of all classes enjoyed a range of leisure activities including storytelling, fairs, festivals, and sports.

One of the most important developments in European society in the eighteenth century was the emergence of a fledgling consumer culture. Much of the expansion took place among the upper and uppermiddle classes, but a boom in cheap reproductions of luxury items also opened doors for people of modest means. From food to ribbons and from coal stoves to umbrellas, the material worlds of city dwellers grew richer and more diverse. This "consumer revolution," as it has been called, created new expectations for com-

fort, hygiene, and self-expression, thus dramatically changing European daily life in the eighteenth century.

blood sports Events such as bullbaiting and cockfighting that involved inflicting violence and bloodshed on animals and that were popular with the eighteenth-century European masses.

carnival The few days of revelry in Catholic countries that preceded Lent and that included drinking, masquerading, dancing, and rowdy spectacles that upset the established order.

#### **Popular Literature**

The surge in childhood education in the eighteenth century led to a remarkable growth in literacy between 1600 and 1800. Whereas in 1600 only one male in six was barely literate in France and Scotland, and one in four in England, by 1800 almost nine out of ten

Scottish males, two out of three French males (Map 18.1), and more than half of English males were literate. In all three countries, the bulk of the jump occurred in the eighteenth century. Women were also increasingly literate, although they lagged behind men.

The growth in literacy promoted growth in reading, and historians have carefully examined what the common people read. While the Bible remained the overwhelming favorite, especially in Protestant countries, short pamphlets known as chapbooks were the staple of popular literature. Printed on the cheapest paper, many chapbooks featured Bible stories, prayers, and the lives of saints and exemplary Christians. This pious literature gave believers moral teachings and a faith that helped them endure their daily struggles.

Entertaining, often humorous stories formed a second element of popular literature. Fairy tales, medieval romances, true crime stories, and fantastic adventures were some of the delights that filled the peddler's pack as he approached a village. These tales presented a world of danger and magic, of supernatural powers, fairy godmothers, and evil trolls, that provided a temporary flight from harsh everyday reality. They also contained nuggets of ancient folk wisdom, counseling prudence in a world full of danger and injustice, where wolves dress like grandmothers and eat Little Red Riding Hoods.

Finally, some popular literature was highly practical, dealing with rural crafts, household repairs, useful plants, and similar matters. Much lore was stored in almanacs, where calendars listing secular, religious, and astrological events were mixed with agricultural schedules, arcane facts, and jokes. The almanac was highly appreciated even by many in the comfortable classes. In this way, elites still shared some elements of a common culture with the masses.

While it is safe to say that the vast majority of ordinary people—particularly peasants in isolated villages—did not read the great works of the Enlightenment, they were not immune from the new ideas. Urban working people were exposed to Enlightenment thought through the rumors and gossip that spread across city streets, workshops, markets, and taverns. They also had access to cheap pamphlets that helped translate Enlightenment critiques into ordinary language. Servants, who usually came from rural areas and traveled home periodically, were well situated to transmit ideas from educated employers to the village.

Certainly some ordinary people did assimilate Enlightenment ideals. Thomas Paine, author of some of the most influential texts of the American Revolution, was an English corset-maker's son who left school at age twelve and carried on his father's trade before emigrating to the colonies. His 1776 pamphlet *Common Sense* attacked the weight of custom and the evils of government against the natural society of men. This

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which sold 120,000 copies in its first months of publication, is vivid proof of working people's receprion of Enlightenment ideas. Paine's stirring mastery of them was perhaps unique, but his access to them was certainly not.

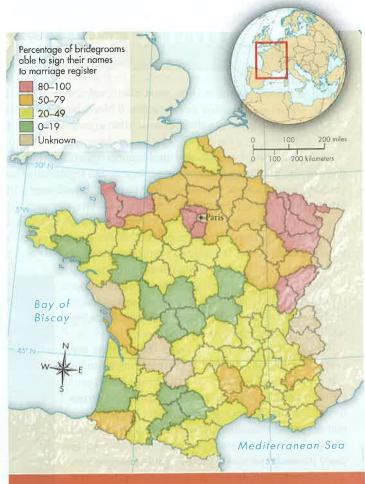
#### Leisure and Recreation

Despite the spread of literacy, the culture of the village remained largely oral rather than written. In the cold, dark winter months, peasant families gathered around the fireplace to sing, tell stories, do craftwork, and keep warm. In some parts of Europe, women would gather together in someone's cottage to chat, sew, spin, and laugh. Sometimes a few young men would be invited so that the daughters (and mothers) could size up potential suitors in a supervised atmosphere. A favorite recreation of men was drinking and talking with buddies in public places, and it was a sorry village that had no tavern. In addition to old favorites such as beer and wine, the common people turned with gusto to cheap and potent hard liquor, which fell in price because of improved techniques for distilling grain in the eigh-

teenth century. Towns and cities offered a wider range of amusements, including pleasure gardens, theaters, and lending libraries. Urban fairs featured prepared foods, acrobats, and conjuring acts. Leisure activities were another form of consumption marked by growing commercialization. For example, commercial, profit-making spectator sports emerged in this period, including horse races, boxing matches, and bullfights. (See "The Past Living Now: The Commercialization of Sports," page 588.) Modern sports heroes, such as brain-bashing heavyweight champions and haughty bullfighting mat-

adors, made their appearance on the historical scene. Blood sports, such as bullbaiting and cockfighting, also remained popular with the masses. In bullbaiting, the bull, usually staked on a chain in the courtyard of an inn, was attacked by ferocious dogs for the amusement of the innkeeper's clients. Eventually the maimed and tortured animal was slaughtered by a butcher and sold as meat. In cockfighting, two roosters, carefully trained by their owners and armed with razor-sharp steel spurs, slashed and clawed each other in a small ring until the victor won—and the loser died. An added attraction of cockfighting was that the screaming spectators could bet on the lightning-fast combat.

Popular recreation merged with religious celebration in a variety of festivals and processions throughout the year. The most striking display of these religiously inspired events was carnival, a time of reveling and excess in Catholic Europe, especially in Mediterranean countries. Carnival preceded Lent—the forty days of tasting and penitence before Easter—and for a few exceptional days in February or March, a wild release of



#### MAPPING THE PAST

#### Map 18.1 Literacy in France, ca. 1789

Literacy rates increased but still varied widely between and within states in eighteenth-century Europe.

ANALYZING THE MAP What trends in French literacy rates does this map reveal? Which regions seem to be ahead? How would you explain the regional variations?

**CONNECTIONS** Note the highly variable nature of literacy rates across the country. Why might the rate of literacy be higher closer to the capital city of Paris? Why would some areas have low rates?

drinking, masquerading, and dancing reigned. Moreover, a combination of plays, processions, and raucous spectacles turned the established order upside down. Peasants dressed as nobles and men as women, and rich masters waited on their servants at the table. This annual holiday gave people a much-appreciated chance to release their pent-up frustrations and aggressions before life returned to the usual pattern of hierarchy and hard work.



## THE PAST LIVING NOW The Commercialization of Sports

sk people to name their most cherished memory of school and, as likely as not, you will hear about a victory at football or volleyball or another encounter with organized sport.

Today's world of college and professional sports owes a great deal to the entrepreneurs of seventeenth- and eighteenth-century Europe who produced the first commercialized spectator sports, in which trained athletes, usually male, engaged in organized competitions for the entertainment of ticket-buying fans. These spectacles were part of the array of new leisure-time activities introduced in this era. When they were

not strolling in pleasure gardens, debating philosophy in coffeehouses, or perusing fashions in fancy boutiques, crowds of men and women gathered to watch boxing matches and horse races, as well as rowing, walking, and running competitions.

Kings and aristocrats had raced their horses privately for centuries, but first began breeding them for this purpose in the seventeenth and eighteenth centuries, producing the thoroughbred strains still prized today. The first large-scale race meets began in the mid-seventeenth century at Newmarket, still home to today's British racing industry. Originally treated as lowly domestic servants, jockeys gained recognition as independent professionals in the early nineteenth century. Aristocrats also deployed their footmen in pedestrian races, which then grew in popularity and attracted semiprofessional competitors. These races sometimes featured female competitors, including a toddler who in 1749 beat the odds by walking half a mile of a London street in under thirty minutes.\*

Professional boxing had less exalted origins in the popular blood sports of the day. In 1719 a London prizefighter named James Figg became the first boxing entrepreneur, opening an "amphitheater" where

he staged animal fights and contests among human boxers and swordsmen. With the growing popularity of the sport, the first rules of boxing appeared in the 1740s, calling for fights to include gloves, referees, and judges, and outlawing hitting a man when he was down.

The football and soccer games so central to school spirit in our day arose from the ball games played by peasants across medieval Europe, sometimes taking the form of all-out competitions between rival villages. Elite boarding schools transformed these riotous events into organized and regulated games, because their masters believed that team sports strengthened the body and disciplined the mind. The Rugby School thus produced the first written rules of rugby in 1845.

The games of soccer and football developed from these origins in the nineteenth century, and the first professional leagues began in the 1890s.

Along with commercialization of sports came gambling, cheating, and disorderly crowds, problems that continue to confront professional athletics. A spirit of competition and thirst for victory may be seen as constant elements of the human character; however, historical events profoundly shape the way individuals manifest these qualities. In turn, the way we play and watch sports reveals a great deal about the societies in which we live.



In this early-eighteenth-century painting, two men spar in a boxing match staged in London for the entertainment of the gathered crowd. (Bildarchiv Preussischer Kulturbesitz/Art Resource, NY)

#### QUESTIONS FOR ANALYSIS

- In what ways did the commercial sporting events of the eighteenth century reflect the overall "consumer revolution" of this period? How do the professional sports of today's world reflect our own patterns of consumption?
- 2. What continuities do you see in the social and commercial function of sports between the eighteenth century and today? Conversely, what are the various ways you or those around you "consume" or participate in sports that an eighteenth-century individual might never have dreamed of?

<sup>\*</sup>Allen Guttmann, Sports: The First Five Millennia (Amherst: University of Massachusetts Press, 2007), p. 72.

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In trying to place the vibrant popular culture of the common people in broad perspective, historians have stressed the growing criticism levied against it by the educated elites in the second half of the eighteenth century. These elites, who had previously shared the popular enthusiasm for religious festivals, carnival, drinking in taverns, blood sports, and the like, now tended to see superstition, sin, disorder, and vulgarity. The resulting attack on popular culture, which was tied to the elergy's efforts to eliminate paganism and superstition, was intensified as an educated public embraced the critical worldview of the Enlightenment.

#### **New Foods and Appetites**

At the beginning of the eighteenth century, ordinary men and women depended on grain as fully as they had in the past. Bread was quite literally the staff of life. Peasants in the Beauvais region of France ate two pounds of bread a day, washing it down with water, wine, or beer. Their dark bread was made from roughly ground wheat and rye—the standard flour of the common people. Even peasants normally needed to buy some grain for food, and, in full accord with landless laborers and urban workers, they believed in the moral economy and the **just price**. That is, they believed that prices should be "fair," protecting both consumers and producers, and that just prices should be imposed by government decree if necessary. When

prices rose above this level, they often took action in the form of bread riots (see Chapter 15).

The rural poor also ate a quantity of vegetables. Peas and beans were probably the most common. Grown as field crops in much of Europe since the Middle Ages, they were eaten fresh in late spring and summer. Dried, they became the basic ingredients in the soups and stews of the long winter months. In most regions other vegetables appeared on the tables of the poor in season, primarily cabbages, carrots, and wild greens. Fruit was mostly limited to the summer months. Too precious to drink, milk was used to make cheese and butter, which peasants sold in the market to earn cash for taxes and land rents.

The common people of Europe ate less meat in 1700 than in 1500 because their general standard of

living had declined and meat was more expensive. Moreover, harsh laws in most European countries reserved the right to hunt and eat game, such as rabbits, deer, and partridges, to nobles and large landowners. Few laws were more bitterly resented—or more fre-

**just price** The idea that prices should be fair, protecting both consumers and producers, and that they should be imposed by government decree if necessary.

quently broken—by ordinary people than those governing hunting.

The diet of small traders and artisans—the people of the towns and cities—was less monotonous than that of the peasantry. Bustling markets provided a sub-

Chocolate Drinking These Spanish tiles from 1710 illustrate the new practice of preparing and drinking hot chocolate. Originating in the New World, chocolate was one of the many new foods imported to Europe in the wake of the voyages of discovery. The first Spanish chocolate mills opened in the mid-seventeenth century, and consumption of chocolate rapidly increased. The inclusion of these tiles in the decoration of a nobleman's house testifies to public interest in the new drink. (Courtesy, Museu de Ceramica. Photo: Guillem Fernandez-Huerta)





## A Day in the Life of Paris

Louis-Sébastien Mercier (1740–1814) was the best chronicler of everyday life in eighteenth-century Paris. His masterpiece was the Tableau de Paris (1781–1788), a multivolume work composed of 1,049 chapters that covered subjects ranging from convents to cafés, bankruptcy to booksellers, the latest fashions to royal laws. As this excerpt demonstrates, he aimed to convey the infinite diversity of people, places, and things he saw around him, and in so doing he left future generations a precious record of the changing dynamics of Parisian society in the second half of the eighteenth century.

Mercier's family belonged to the respectable artisan classes. This middling position ideally situated Mercier to observe the extremes of wealth and poverty around him. Although these volumes contain many wonderful glimpses of daily life, they should not be taken for an objective account. Mercier brought his own moral and political sensibilities, influenced by Jean-Jacques Rousseau, to the task of description.

#### **Chapter 39: How the Day Goes**

It is curious to see how, amid what seems perpetual life and movement, certain hours keep their own characteristics, whether of bustle or of leisure. Every round of the clock-hand sets another scene in motion, each different from the last, though all about equal in length. Seven o'clock in the morning sees all the gardeners, mounted on their nags and with their baskets empty, heading back out of town again. No carriages are about, and not a presentable soul, except a few neat clerks hurrying to their offices. Nine o'clock sets all the barbers in motion, covered from head to foot with flour — hence their soubriquet of "whitings"\* — wig in one hand, tongs in the other. Waiters from the lemonadeshops are busy with trays of coffee and rolls, breakfast for those who live in furnished rooms. . . . An hour later the Law comes into action; a black cloud of legal practitioners and hangers-on descend upon the

\*Small fish typically rolled in flour and fried. †The main criminal court of Paris. Châtelet,† and the other courts; a procession of wigs and gowns and briefbags, with plaintiffs and defendants at their heels. Midday is the stockbrokers' hour, and the idlers'; the former hurry off to the Exchange, the latter to the Palais-Royal.‡ The Saint-Honoré§ quarter, where all the financiers live, is at its busiest now, its streets are crowded with the customers and clients of the great.

At two o'clock those who have invitations to dine set out, dressed in their best, powdered, adjusted, and walking on tiptoe not to soil their stockings. All the cabs are engaged, not one is to be found on the rank; there is a good deal of competition for these vehicles, and you may see two would-be passengers jumping into a cab together from different sides, and furiously disputing which was first....

Three o'clock and the streets are not so full; everyone is at dinner; there is a momentary calm, soon to be broken, for at five fifteen the din is as though the gates of hell were opened, the streets are impassable with traffic going all ways at once, towards the playhouses or the public gardens. Cafés are at their busiest.

Towards seven the din dies down, everywhere and all at once. You can hear the cab-horses' hoofs pawing the stones as they wait — in vain. It is as though the whole town were gagged and bound, suddenly, by an invisible hand. This is the most dangerous time of the whole day for thieves and such, especially towards autumn when the days begin to draw in; for the watch is not yet about, and violence takes its opportunity.

Night falls; and, while scene-shifters set to work at the playhouses, swarms of other workmen, carpenters, masons and the like, make their way towards the poorer quarters. They leave white footprints from the plaster on their shoes, a trail that any eye can follow. They are off home, and to bed, at the hour which finds elegant ladies sitting down to their dressing-tables to prepare for the business of the night.

‡A garden surrounded by arcades with shops and cafés. §A fashionable quarter for the wealthy.

stantial variety of meats, vegetables, and fruits, although bread and beans still formed the bulk of such families' diets. Not surprisingly, the diet of the rich was quite different from that of the poor. The upper classes were rapacious carnivores, and a truly elegant dinner consisted of an abundance of rich meat and fish dishes laced with piquant sauces and complemented with sweets, cheeses, and wine in great quantities. During such dinners, it was common to spend five or more

hours at table, eating and drinking and enjoying the witty banter of polite society.

Patterns of food consumption changed markedly as the century progressed. Because of a growth of market gardening, a greater variety of vegetables appeared in towns and cities. This was particularly the case in the Low Countries and England, which pioneered new methods of farming. Introduced into Europe from the Americas—along with corn, squash, tomatoes, and

At nine this begins; they all set off for the play. Houses tremble as the coaches rattle by, but soon the noise ceases; all the fine ladies are making their evening visits, short ones, before supper. Now the prostitutes begin their night parade, breasts uncovered, heads tossing, colour high on their cheeks, and eyes as bold as their hands. These creatures, careless of the light from shopwindows and street lamps, follow and accost you, trailing through the mud in their silk stockings and low shoes, with words and gestures well matched for obscenity.

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By eleven, renewed silence. People are at supper, private people, that is; for the cafés begin at this hour to turn out their patrons, and to send the various idlers and workless and poets back to their garrets for the night. A few prostitutes still linger, but they have to use more circumspection, for the watch is about, patrolling the streets, and this is the hour when they "gather 'em in"; that is the traditional expression.

A quarter after midnight, a few carriages make their way home, taking the non-card players back to bed. These lend the town a sort of transitory life; the tradesman wakes out of his first sleep at the sound of them, and turns to his wife, by no means unwilling. More than one young Parisian must owe his existence to this sudden passing rattle of wheels. . . .

At one in the morning six thousand peasants arrive, bringing the town's provision of vegetables and fruits and flowers, and make straight for the Halles.\*\* . . . As for the market itself, it never sleeps. . . . Perpetual noise, perpetual motion, the curtain never rings down on the enormous stage; first come the fishmongers, and after these the egg-dealers, and after these the retail buyers; for the Halles keep all the other markets of Paris going; they are the warehouses whence these draw their supplies. The food of the whole city is shifted and sorted in high-piled baskets; you may see eggs, pyramids of eggs, moved here and there, up steps and down, in and out of the throngs, miraculous; not one is ever broken. . . .

\*\*The city's central wholesale food market.

This impenetrable din contrasts oddly with the sleeping streets, for at that hour none but thieves and poets are awake.

Twice a week, at six, those distributors of the staff of life, the bakers of Gonesse, <sup>††</sup> bring in an enormous quantity of loaves to the town, and may take none back through the barriers. And at this same hour workmen take up their tools, and trudge off to their day's labour. Coffee with milk is, unbelievably, the favoured drink among these stalwarts nowadays. . . .

So coffee-drinking has become a habit, and one so deep-rooted that the working classes will start the day on nothing else. It is not costly, and has more flavour to it, and more nourishment too, than anything else they can afford to drink; so they consume immense quantities, and say that if a man can only have coffee for breakfast it will keep him going till nightfall.

#### **EVALUATE THE EVIDENCE**

- What different social groups does Mercier describe?
   Does he approve or disapprove of Parisian society as he describes it?
- 2. How do the social classes described by Mercier differ in their use of time, and why? Do you think the same distinctions exist today?
- 3. What evidence of the consumer revolution can you find in Mercier's account? How do the goods used by eighteenth-century Parisians compare to the ones you use in your life today?

Source: Excerpt from Panorama of Paris: Selections from "Le Tableau de Paris," by Louis-Sébastien Mercier, based on the translation by Helen Simpson, edited with a new preface and translations by Jeremy D. Popkin. Copyright © 1999 The Pennsylvania State University. Reprinted by permission of Penn State Press.

††A suburb of Paris, famous for the excellent bread baked there.

many other useful plants—the humble potato provided an excellent new food source. Containing a good supply of carbohydrates, calories, and vitamins A and C, the potato offset the lack of vitamins in the poor Person's winter and early-spring diet, and it provided a much higher caloric yield than grain for a given piece of land. After initial resistance, the potato became an important dietary supplement in much of Europe by the end of the century.

The most remarkable dietary change in the eighteenth century was in the consumption of commodities imported from abroad. Originally expensive and rare luxury items, goods like tea, sugar, coffee, chocolate, and tobacco became dietary staples for people of all social classes. With the exception of tea—which originated in China—most of the new consumables were produced in European colonies in the Americas. In many cases, the labor of enslaved peoples enabled



Parisian Street Scene Here a milk seller doubles as a provider of news, reading a hand-printed news sheet to a small gathering. Gossip, rumor, and formal or informal newspapers, like the one pictured here, ensured that information traversed the city at astonishing speeds. (Musée de la Ville de Paris, Musée Carnavalet, Paris/Lauros/Giraudon/The Bridgeman Art Library)

the expansion in production and drop in prices that allowed such items to spread to the masses.

Why were colonial products so popular? Part of the motivation for consuming these products was a desire to emulate the luxurious lifestyles of the elite. Having seen pictures of or read about the fine lady's habit of "teatime" or the gentleman's appreciation for a pipe, common Europeans sought to experience these pleasures for themselves. Moreover, the quickened pace of work in the eighteenth century created new needs for stimulants among working people. (See "Primary Source 18.3: A Day in the Life of Paris," page 590.)

consumer revolution

The wide-ranging growth in consumption and new attitudes toward consumer goods that emerged in the cities of northwestern Europe in the second half of the eighteenth century.

Whereas the gentry took tea as a leisurely and genteel ritual, the lower classes drank tea or coffee at work to fight monotony and fatigue. With the widespread adoption of these products (which both turned out to be mildly to extremely addictive), working people in Europe became increas-

ingly dependent on faraway colonial economies and enslaved labor. Their understanding of daily necessities and how to procure those necessities shifted definitively, linking them to global trade networks they could not comprehend or control.

#### **Toward a Consumer Society**

Along with foodstuffs, all manner of other goods increased in variety and number in the eighteenth century. This proliferation led to a growth in consumption and new attitudes toward consumer goods so wide-ranging that some historians have referred to an eighteenth-century **consumer revolution**. The result of this revolution was the birth of a new type of society in which people derived their self-identity as much from their consuming practices as from their working lives and place in the production process. As people gained the opportunity to pick and choose among a new variety of consumer goods, new notions of individuality and self-expression developed. A shopgirl could stand out from



## The Fashion Merchant

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Well-to-do women spent their mornings preparing their toilettes and receiving visits from close friends and purveyors of various goods and services. In this 1746 painting by François Boucher, a leisured lady has just been coiffed by her hairdresser. Wearing the cape she donned to protect her clothing from the hair powder, she receives a fashion merchant, who displays an array of ribbons and other finery.



(Photos12-ARJ)

#### EVALUATE THE EVIDENCE

In this painting, which woman is the fashion merchant and which is her client? What are they doing at the moment the picture is painted? How would you characterize the relationship between the two women in this painting?

2. In what ways does the fashion merchant's attire provide evidence of the consumer revolution of the eighteenth century? Compare this image to the painting of the serving girl (page 576). What contrasting images of the working woman do these two images present?

her peers by her choice of a striped jacket, a colored parasol, or simply a new ribbon for her hair. The full emergence of a consumer society did not take place until much later, but its roots lie in the eighteenth century.

Increased demand for consumer goods was not merely an innate response to increased supply. Eighteenthcentury merchants cleverly pioneered new techniques to incite demand: they initiated marketing campaigns, opened fancy boutiques with large windows, and advertised the patronage of royal princes and princesses. (See "Primary Source 18.4: The Fashion Merchant," page 593.) By diversifying their product lines and greatly accelerating the turnover of styles, they seized the reins of fashion from the courtiers who had earlier controlled it. Instead of setting new styles, duchesses and marquises now bowed to the dictates of fashion merchants. (See "Individuals in Society: Rose Bertin, 'Minister of Fashion,'" at right.) Fashion also extended beyond court circles to touch many more items and social groups.

Clothing was one of the chief indicators of the growth of consumerism. Shrewd entrepreneurs made

fashionable clothing seem more desirable, while legions of women entering the textile and needle trades made it ever cheaper. As a result, eighteenth-century western Europe witnessed a dramatic rise in the consumption of clothing, particularly in large cities. One historian has documented an enormous growth in the size and value of Parisians' wardrobes from 1700 to 1789, as well as a new level of diversity in garments and accessories, colors, and fabrics. Colonial economies again played an important role in lowering the cost of materials, such as cotton and vegetable dyes, largely due to the unpaid toil of enslaved Africans. Cheaper copies of elite styles made it possible for working people to aspire to follow fashion for the first time.

Elite onlookers were sometimes shocked by the sight of lower-class people in stylish outfits. In 1784 Mrs. Fanny Cradock described encountering her milkman during an evening stroll "dressed in a fashionable suit, with an embroidered waistcoat, silk knee-breeches and lace cuffs." The spread of fashion challenged the traditional social order of Europe by blurring the boundaries between social groups and making it harder to distinguish between noble and commoner on the bustling city streets.

Mrs. Cradock's milkman notwithstanding, women took the lead in the spread of fashion. Parisian women significantly out-consumed men, acquiring larger and more expensive wardrobes than those of their husbands, brothers, and fathers. This was true across the social spectrum; in ribbons, shoes, gloves, and lace, European working women reaped in the consumer revolution what they had sown in the industrious revolution (see Chapter 17). There were also new gender distinc-



The Consumer Revolution From the mid-eighteenth century on, the cities of western Europe witnessed a new proliferation of consumer goods. Items once limited to the wealthy few—such as fans, watches, snuffboxes, umbrellas, ornamental containers, and teapots—were now reproduced in cheaper versions for middling and ordinary people. (fan: Scala/White Images/Art Resource, NY; jar: Victoria & Albert Museum, London/The Bridgeman Art Library)

## NDIVIDUALS IN SOCIETY Rose Bertin, "Minister of Fashion"

her business. Some said she had spread the bankruptcy rumors herself to shame the court into paying her bills.

ne day in 1779, as the French royal family rode in a carriage through the streets of Paris, Queen Marie Antoinette noticed her fashion merchant, Rose Bertin, observing the royal procession. "Ah! there is mademoiselle Bertin," the queen exclaimed, waving her hand. Bertin responded with a curtsy. The king then stood and greeted Bertin, followed by the royal family and their entourage.\* The incident shocked the public, for no common merchant had ever received such homage from royalty.

Bertin had come a long way from her humble beginnings. Born in 1747 to a poor family in northern France, she moved to Paris in the 1760s
to work as a shop assistant. Bertin eventually opened her own boutique on
the fashionable rue Saint-Honoré.
In 1775 Bertin received the highest
honor of her profession when
she was selected by Marie Antoinette as one of her official

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purveyors.

Based on the queen's patronage, and riding the wave of the new consumer revolution, Bertin became one of the most successful entrepreneurs in Europe. Bertin established not only a large clientele, but also a reputation for pride and arrogance. She refused to work for non-noble customers, claiming that the orders of the queen and the court required all her attention. She astounded courtiers by referring to her "work" with the queen, as though the two were collaborators

rather than absolute monarch and lowly subject. Bertin's close relationship with Marie Antoinette and the fortune the queen spent on her wardrobe hurt the royal family's image. One journalist derided Bertin as a "minister of fashion," whose influence outstripped that of all the others in royal government.

In January 1787 rumors spread through Paris that Bertin had filed for bankruptcy with debts of 2 to 3 million livres (a garment worker's annual salary was around 200 livres). Despite her notoriously high prices and rich clients, this news did not shock Parisians, because the nobility's reluctance to pay its debts was equally well known. Bertin somehow held on to

Bertin remained loyal to the Crown during the tumult of the French Revolution (see Chapter 19) and sent dresses to the queen even after the arrest of the royal family. Fearing for her life, she left France for Germany in 1792 and continued to ply her profession in exile. She returned to France in 1800 and died in 1813, one year before the restoration of the Bourbon monarchy might have renewed her acclaim.†

Rose Bertin scandalized public opinion with her self-aggrandizement and ambition, yet history was on her side. She was the first celebrity fashion stylist and one of the first self-made career women to rise from obscurity to fame and fortune based on her talent, taste, and hard work. Her legacy remains in the exalted status of today's top fashion designers and in the dreams of small-town girls to make it in the big city.

This portrait of Rose Bertin was painted at the height of her popularity in 1780. (Image copyright © The Metropolitan Museum of Art, Image source: Art Resource, NY)

#### QUESTIONS FOR ANALYSIS

- 1. Why was the relationship between Queen Marie Antoinette and Rose Bertin so troubling to public opinion? Why would relations between a queen and a fashion merchant have political implications?
- 2. Why would someone who sold fashionable clothing and accessories rise to such a prominent position in business and society? What makes fashion so important in the social world?

<sup>\*</sup>Mémoires secrets pour servir à l'histoire de la république des lettres en France, vol. 13, 299, 5 mars 1779 (London: John Adamson, 1785).

<sup>†</sup>On Rose Bertin, see Clare Haru Crowston, "The Queen and Her Minister of Fashion'; Gender, Credit and Politics in Pre-Revolutionary France," *Gender and History* 14, 1 (April 2002): 92–116.

tions in dress. Previously, noblemen had vied with noblewomen in the magnificence of their apparel; by the end of the eighteenth century men had renounced brilliant colors and voluptuous fabrics to don early versions of the plain dark suit that remains standard male formal wear in the West. This was one more aspect of the increasingly rigid differences drawn between appropriate male and female behavior.

Changes in outward appearances were reflected in inner spaces, as new attitudes about privacy and intimate life also emerged. Historians have used notaries' probate inventories to peer into ordinary people's homes. In 1700 the cramped home of a modest family consisted of a few rooms, each of which had multiple functions. The same room was used for sleeping, receiving friends, and working. In the eighteenth century rents rose sharply, making it impossible to gain more space, but families began attributing specific functions to specific rooms. They also began to erect inner barriers within the home to provide small niches in which individuals could seek privacy.

New levels of comfort and convenience accompanied this trend toward more individualized ways of life. In 1700 a meal might be served in a common dish, with each person dipping his or her spoon into the pot. By the end of the eighteenth century even humble households contained a much greater variety of cutlery and dishes, making it possible for each person to eat from his or her own plate. More books and prints, which also proliferated at lower prices, decorated the shelves and walls. Improvements in glassmaking provided more transparent glass, which allowed daylight to penetrate into gloomy rooms. Cold and smoky hearths were increasingly replaced by more efficient and cleaner coal stoves, which also eliminated the backache of cooking over an open fire. Rooms were warmer, better lit, more comfortable, and more personalized, and the spread of street lighting made it safer to travel in cities at night.

Standards of bodily and public hygiene also improved. Public bathhouses, popular across Europe in the Middle Ages, had gradually closed in the early modern period due to concerns over sexual promiscuity and infectious disease. Many Europeans came to fear that immersing the body in hot water would allow harmful elements to enter the skin. Carefully watched by his physician, Louis XIII of France took his first bath at age seven, while James I of England refused to wash more than his hands. Personal cleanliness consisted of wearing fresh linen and using perfume to mask odors, both expensive practices that bespoke wealth and social status. From the mid-eighteenth century on, enlightened doctors revised their views and began to urge more frequent bathing. Spa towns, like Bath, England, became popular sites for the wealthy

to see and be seen. Officials also took measures to improve the cleaning of city streets in which trash, human soil, and animal carcasses were often left to rot.

The scope of the new consumer economy should not be exaggerated. These developments were concentrated in large cities in northwestern Europe and North America. Even in these centers the elite benefited the most from new modes of life. This was not yet the society of mass consumption that emerged toward the end of the nineteenth century with the full expansion of the Industrial Revolution. The eighteenth century did, however, lay the foundations for one of the most distinctive features of modern Western life: societies based on the consumption of goods and services obtained through the market in which individuals form their identities and self-worth through the goods they consume.

## Religious Authority and Beliefs

What were the patterns of popular religion, and how did they interact with the worldview of the educated public and their Enlightenment ideals?

Though the critical spirit of the Enlightenment made great inroads in the eighteenth century, the majority of ordinary men and women, especially those in rural areas, retained strong religious faith. The church promised salvation, and it gave comfort in the face of sorrow and death. Religion also remained strong because it was embedded in local traditions and everyday social experience.

Yet the popular religion of village Europe was also enmeshed in a larger world of church hierarchies and state power. These powerful outside forces sought to regulate religious life at the local level. Their efforts created tensions that helped set the scene for vigorous religious revivals in Protestant Germany and England as well as in Catholic France.

#### **Church Hierarchy**

In the eighteenth century religious faith not only endured, but grew in many parts of Europe. The local parish church remained the focal point of religious devotion and community cohesion. Congregants gossiped and swapped stories after services, and neighbors came together in church for baptisms, marriages, funerals, and special events. Priests and parsons kept the

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The Jesuit order was not the only Christian group to come under attack in the middle of the eighteenth

community records of births, deaths, and marriages; distributed charity; looked after orphans; and provided primary education to the common people. Thus the parish church was woven into the very fabric of community life.

While the parish church remained central to the community, it was also subject to greater control from the state. In Protestant areas, princes and monarchs headed the official church, and they regulated their "territorial churches" strictly, selecting personnel and imposing detailed rules. Clergy of the official church dominated education, and followers of other faiths suffered religious and civil discrimination. By the eighteenth century the radical ideas of the Reformation had resulted in another version of church

Catholic monarchs in this period also took greater control of religious matters in their kingdoms, weakening papal authority. In both Spain and Portugal, the Catholic Church was closely associated with the state, a legacy of the long internal reconquista and sixteenthcentury imperial conquests overseas. In the eighteenth century the Spanish crown took firm control of ecclesiastical appointments. Papal proclamations could not even be read in Spanish churches without prior approval from the government. In Portugal, religious enthusiasm led to a burst of new churches and monasteries in the early eighteenth century.

France went even further in establishing a national Catholic Church, known as the Gallican Church. Louis XIV's expulsion of Protestants in 1685 was accompanied by an insistence on the king's prerogative to choose and control bishops and issue laws regarding church affairs. Catholicism gained new ground in the Holy Roman Empire with the conversion of a number of Protestant princes and successful missionary work by Catholic orders among the populace. While it could not eradicate Protestantism altogether, the Habsburg monarchy successfully consolidated Catholicism as a pillar of its political control.

The Jesuit order played a key role in fostering the Catholic faith, providing extraordinary teachers, missionaries, and agents of the papacy. In many Catholic countries they exercised tremendous political influence, holding high government positions and educating the nobility in their colleges. By playing politics so effectively, however, the Jesuits elicited a broad coalition of enemies. Bitter controversies led Louis XV to order the Jesuits out of France in 1763 and to confiscate their property. France and Spain then pressured Rome to dissolve the Jesuits completely. In 1773 a reluctant pope caved in, although the order was revived after the French Revolution.

century. The dominance of the larger Catholic Church and established Protestant churches was also challenged, both by enlightened reformers from above and by the faithful from below. Influenced by Enlightenment ideals, some Catholic rulers believed that the clergy in monasteries and convents should make a more practical contribution to social and religious life. Austria, a leader in controlling the church (see Chapter 16) and promoting primary education, showed how far the process could go. Maria Theresa began by sharply restricting entry into "unproductive" orders. In his Edict on Idle Institutions, her successor, Joseph II, abolished contemplative orders, henceforth permitting only orders that were engaged in teaching, nursing, or other practical work. The state expropriated the dissolved monasteries and used their wealth for charitable purposes and higher salaries for ordinary priests. Joseph II also issued edicts of religious tolerance, including for Jews, making Austria one of the first European states to lift centuries-old restrictions on its Jewish population.

#### Protestant Revival

Official efforts to reform state churches in the eighteenth century were confronted by a wave of religious enthusiasm from below. By the late seventeenth century the vast transformations of the Protestant Reformation were complete and had been widely adopted in most Protestant churches. Medieval practices of idolatry, saint worship, and pageantry were abolished; stained-glass windows were smashed and murals whitewashed. Yet many official Protestant churches had settled into a smug complacency. This, along with the growth of state power and bureaucracy in local parishes, threatened to eclipse one of the Reformation's main goals—to bring all believers closer to God.

In the Reformation heartland, one concerned German minister wrote that the Lutheran Church "had become paralyzed in forms of dead doctrinal conformity" and badly needed a return to its original inspiration.<sup>22</sup> His voice was one of many that prepared and then guided a Protestant revival that succeeded because it answered the intense but increasingly unsatisfied needs of common people.

The Protestant revival began in Germany in the late seventeenth century. It was known as Pietism (PIGH-uh-tih-zum), and three aspects helped explain its powerful appeal. First, Pietism called for a warm, emotional religion that everyone could experience. Enthusiasm—in prayer, in worship, in preaching, in life itself—

Pietism A Protestant revival movement in early-eighteenth-century Germany and Scandinavia that emphasized a warm and emotional religion, the priesthood of all believers, and the power of Christian rebirth in everyday affairs.

was the key concept. "Just as a drunkard becomes full of wine, so must the congregation become filled with spirit," declared one exuberant writer.<sup>23</sup>

Second, Pietism reasserted the earlier radical stress on the priesthood of all believers, thereby reducing the gulf between official clergy and Lutheran laity. Bible reading and study were enthusiastically extended to

Methodists Members of a Protestant revival movement started by John Wesley, so called because they were so methodical in their devotion.

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all classes, and this provided a powerful spur for popular literacy as well as individual religious development. Pietists were largely responsible for the educational reforms implemented by Prussia in the early eighteenth century (see page 585). Finally, Pietists

believed in the practical power of Christian rebirth in everyday affairs. Reborn Christians were expected to

lead good, moral lives and to come from all social classes.

Pietism soon spread through the German-speaking lands and to Scandinavia. It also had a major impact on John Wesley (1703–1791), who served as the catalyst for popular religious revival in England. (See "Primary Source 18.5: Advice to Methodists," at right.) Wesley came from a long line of ministers, and when he went to Oxford University to prepare for the clergy, he mapped a fanatically earnest "scheme of religion." After becoming a teaching fellow at Oxford, Wesley organized a Holy Club for similarly minded students, who were soon known contemptuously as **Methodists** because they were so methodical in their devotion. Yet like the young Martin Luther, Wesley remained intensely troubled about his own salvation even after his ordination as an Anglican priest in 1728.

Hogarth's Satirical View of the Church William Hogarth (1697-1764) was one of the foremost satirical artists of his day. This image mocks a London Methodist meeting, where the congregation swoons in enthusiasm over the preacher's sermon. The woman in the foreground giving birth to rabbits refers to a hoax perpetrated in 1726 by a servant named Mary Tofts; the gullibility of those who believed Tofts is likened to that of the Methodist congregation. (The Israel Museum, Jerusalem, Israel/Vera & Arturo Schwarz Collection of Dada and Surrealist Art/The Bridgeman Art Library)





## Advice to Methodists

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John Wesley (1703–1791) was the fifteenth child of an Anglican rector and a strict mother. As a small child, he was rescued from certain death in a house fire; in later years, he saw this moment as a sign of providential grace. Along with his brother Charles, John Wesley is recognized as the founder of Methodism, an evangelical movement that began within the Church of England and was influenced by German Pietism. In the passage below, Wesley offers his advice to followers of the new religious movement he had inspired, who had been dubbed "Methodists" for their scrupulous and methodical approach to religious worship.

By Methodists I mean, a People who profess to pursue (in whatsoever Measure they have attained) Holiness of Heart and Life, inward and outward Conformity in all Things to the revealed Will of God: Who place Religion in an uniform Resemblance of the great Object of it; in a steady Imitation of Him they worship, in all his imitable Perfections; more particularly, in Justice, Mercy, and Truth, or universal Love filling the Heart, and governing the Life. . . .

Your Name is new, (at least, as used in a religious Sense) not heard of, till a few Years ago, either in our own, or any other Nation. Your *Principles* are new, in this respect, That there is no other Set of People among us (and, possibly, not in the Christian World) who hold them all, in the same Degree and Connection; who so strenuously and continually insist on the absolute Necessity of universal Holiness both in Heart and Life; of a peaceful, joyous Love of God; of a supernatural Evidence of Things not seen; of an inward Witness that we are the Children

of God, and of the Inspiration of the Holy Ghost, in order to any good Thought, or Word, or Work. And perhaps there is no other Set of People, (at least not visibly united together) who lay so much, and yet no more Stress than you do, on Rectitude of Opinions, on outward Modes of Worship, and the Use of those Ordinances which you acknowledge to be of God. . . .

Your Strictness of Life, taking the whole of it together, may likewise be accounted new. I mean, your making it a Rule, to abstain from fashionable Diversions, from reading Plays, Romances, or Books of Humour, from singing innocent Songs, or talking in a merry, gay, diverting Manner; your Plainness of Dress; your Manner of Dealing in Trade; your Exactness in observing the Lord's Day; your Scrupulosity as to Things that have not paid Custom; your total Abstinence from spirituous Liquors (unless in Cases of Extreme Necessity;) your Rule, "not to mention the Fault of an absent Person, in Particular, of Ministers, or of those in Authority," may justly be termed new.

#### **EVALUATE THE EVIDENCE**

- What elements of the Methodist faith does Wesley identify as "new" in this document? To what or whom is he comparing Methodists?
- 2. To what changes under way in English society does this document appear to be responding? What social practices do Methodists oppose according to Wesley?

Source: John Wesley, Advice to the People Call'd Methodists (Bristol: Felix Farley, 1745), 3, 5–6.

Wesley's anxieties related to grave problems of the faith in England. The government shamelessly used the Church of England to provide favorites with high-paying jobs. Both church and state officials failed to tespond to the spiritual needs of the people, and services and sermons had settled into an uninspiring routine. The separation of religion from local customs and social life was symbolized by church doors that were customarily locked on weekdays. Moreover, Enlightenment skepticism was making inroads among the educated classes, and deism—a belief in God but not in organized religion—was becoming popular. Some bishops and church leaders seemed to believe that doctrines such as the virgin birth were little more than elegant superstitions.

Wesley's inner search in the 1730s was deeply affected by his encounter with Moravian Pietists, whom he first met on a ship as he traveled across the Atlantic to take up a position in Savannah, Georgia. The small Moravian community in Georgia impressed him as a productive, peaceful, and pious world, reflecting the values of the first apostles. (For more on the Moravian Church, see Chapter 17, "Individuals in Society: Rebecca Protten," page 568.) After returning to London, following a disastrous failed engagement and the disappointment of his hopes to convert Native Americans, he sought spiritual counseling from a Pietist minister from Germany. Their conversations prepared Wesley for a mystical, emotional "conversion" in 1738. He described this critical turning point in his *Journal*:

the pope.

In the evening I went to a [Christian] society in Aldersgate Street where one was reading Luther's preface to the Epistle to the Romans. About a quarter before nine, while he was describing the change which God works in the heart through faith in Christ, I felt my heart strangely warmed. I felt I did trust in Christ, Christ alone for salvation; and an assurance was given me that he had taken away my sins, even mine, and saved me from the law of sin and death.<sup>24</sup>

Wesley's emotional experience resolved his intellectual doubts about the possibility of his own salvation. Moreover, he was convinced that any person, no matter how poor or uneducated, might have a similarly heartfelt conversion and gain the same blessed assurance. He took the good news to the people, traveling some 225,000 miles by horseback and preaching more than forty thousand sermons between 1750 and 1790. Since existing churches were often overcrowded and the church-state establishment was hostile, Wesley preached in open fields. People came in large numbers. Of critical importance was Wesley's rejection of

Calvinist predestination—the doctrine of salvation granted to only a select few. Instead, he preached that all men and women who earnestly sought salvation might be saved. It was a message of hope and joy, of free will and universal salvation.

Wesley's ministry won converts, formed Mathodiet calls, and even

Wesley's ministry won converts, formed Methodist cells, and eventually resulted in a new denomina-

tion. And just as Wesley had been inspired by the Pietist revival in Germany, so evangelicals in the Church of England and the old dissenting groups now followed Wesley's example of preaching to all people, giving impetus to an even broader awakening among the lower classes. Thus in Protestant countries religion continued to be a vital force in the lives of the people.

#### **Catholic Piety**

Religion also flourished in Catholic Europe around 1700, but there were important differences from Protestant practice. First, the visual contrast was striking; baroque art still lavished rich and emotionally exhilarating figures and images on Catholic churches, just as most Protestants had removed theirs during the Reformation. Moreover, people in Catholic Europe on the whole participated more actively in formal worship than did Protestants. More than 95 percent of the population probably attended church for Easter communion, the climax of the religious year.

The tremendous popular strength of religion in Catholic countries can in part be explained by the church's integral role in community life and popular culture. Thus, although Catholics reluctantly confessed their sins to priests, they enthusiastically came together in religious festivals to celebrate the passage of the liturgical year. In addition to the great processional days - such as Palm Sunday, the joyful reenactment of Jesus's triumphal entry into Jerusalem-each parish had its own saints' days, processions, and pilgrimages. Led by its priest, a congregation might march around the village or across the countryside to a local shrine. Millions of Catholic men and women also joined religious associations, known as confraternities, where they participated in prayer and religious services and collected funds for poor relief and members' funerals. The Reformation had largely eliminated such festivities in Protestant areas.

Catholicism had its own version of the Pietist revivals that shook Protestant Europe. Jansenism has been described by one historian as the "illegitimate offspring of the Protestant Reformation and the Catholic Counter-Reformation."25 It originated with Cornelius Jansen (1585-1638), bishop of Ypres in the Spanish Netherlands, who called for a return to the austere early Christianity of Saint Augustine. In contrast to the worldly Jesuits, Jansen emphasized the heavy weight of original sin and accepted the doctrine of predestination. Although outlawed by papal and royal edicts as Calvinist heresy, Jansenism attracted Catholic followers eager for religious renewal, particularly among the French. Many members of France's urban elite, especially judicial nobles and some parish priests, became known for their Jansenist piety and spiritual devotion. Such stern religious values encouraged the judiciary's increasing opposition to the French monarchy in the second half of the eighteenth century.

Among the urban poor, a different strain of Jansenism took hold. Prayer meetings brought men and women together in ecstatic worship, and some participants fell into convulsions and spoke in tongues. The police of Paris posted spies to report on such gatherings and conducted mass raids and arrests.

## Marginal Beliefs and Practices

In the countryside, many peasants continued to hold religious beliefs that were marginal to the Christian faith altogether, often of obscure or even pagan origin. On the Feast of Saint Anthony, for example, priests were expected to bless salt and bread for farm animals to protect them from disease. Catholics believed that saints' relics could bring fortune or attract lovers, and there were healing springs for many ailments. In 1796

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the Lutheran villagers of Beutelsbach in southern Germany incurred the ire of local officials when they buried a live bull at a crossroads to ward off an epidemic of hoof-and-mouth disease. 26 The ordinary person combined strong Christian faith with a wealth of timehonored superstitions.

Inspired initially by the fervor of the Reformation era, then by the critical rationalism of the Enlightenment, religious and secular authorities sought increasingly to "purify" popular spirituality. Thus one parish priest in France lashed out at his parishioners, claiming that they were "more superstitious than devout . . . and sometimes appear as baptized idolators."27 French priests particularly denounced the "various remnants of paganism" found in popular bonfire ceremonies during Lent, in which young men, "yelling and screaming like madmen," tried to jump over the bonfires in order to help the crops grow and protect themselves from illness. One priest saw rational Christians regressing into pagan animals—"the triumph of Hell and the shame of Christianity."28

The severity of the attack on popular belief varied widely by country and region. Where authorities pursued purification vigorously, as in Austria under loseph II, pious peasants saw only an incomprehensible attack on age-old faith and drew back in anger. Their reaction dramatized the growing tension between the attitudes of educated elites and the common people.

It was in this era of growing intellectual disdain for popular beliefs that the persecution of witches slowly came to an end across Europe. Common people in the countryside continued to fear the Devil and his helpers, but the elite increasingly dismissed such fears and refused to prosecute suspected witches. The last witch was executed in England in 1682, the same year France prohibited witchcraft trials. By the late eighteenth century most European states and their colonies had followed suit.

#### **Medical Practice**

How did the practice of medicine evolve in the eighteenth century?

Although significant breakthroughs in medical science would not come until the middle and late nineteenth century, the Enlightenment's inherent optimism and its focus on improving human life through understanding of the laws of nature produced a great deal of research and experimentation in the 1700s. Medical practitioners greatly increased in number, although

their techniques did not differ much from those of previous generations. Care of the sick in this era was the domain of several competing groups: traditional healers, apothecaries (pharmacists), physicians, surgeons, and midwives. From the Middle Ages through the seventeenth century, both men and women were medical practitioners. However, since women were generally denied admission to medical colleges and lacked the diplomas necessary to practice, the range of medical activities open to them was restricted. In the eighteenth century women's traditional roles as midwives and healers eroded even further.

#### Faith Healing and **General Practice**

In the course of the eighteenth century, traditional healers remained active, drawing on centuries of folk knowledge about the curative properties of roots, herbs, and other plants. Faith healing also remained popular, especially in the countryside. Faith healers and their patients believed that evil spirits caused illness by lodging in people and that the proper treatment was to exorcise, or drive out, the offending devil. Religious and secular officials did their best to stamp out such practices, but with little success.

In the larger towns and cities, apothecaries sold a vast number of herbs, drugs, and patent medicines for every conceivable "temperament and distemper." Some of the drugs and herbs undoubtedly worked. For example, strong laxatives were given to the rich for their constipated bowels, and regular purging of the bowels was considered essential for good health and the treatment of illness. Like all varieties of medical practitioners, apothecaries advertised their wares, their high-class customers, and their miraculous cures in newspapers and commercial circulars. Medicine, like food and fashionable clothing, thus joined the era's new and loosely regulated commercial culture.

Physicians, who were invariably men, were apprenticed in their teens to practicing physicians for several years of on-the-job training. This training was then rounded out with hospital work or some university courses. Seen as gentlemen who did not labor with their hands, many physicians diagnosed and treated patients by correspondence or through oral dialogue, without conducting a physical examination. Because their training was expensive, physicians came mainly from prosperous families and they usually concentrated on urban patients from similar social backgrounds. Nevertheless, even poor people spent hard-won resources to seek treatment for their loved ones.

Physicians in the eighteenth century were increasingly willing to experiment with new methods, but time-honored practices lay heavily on them. Like



## LIVING IN THE PAST

## Improvements in Childbirth

ost women in eighteenth-century Europe gave birth to at least five or six children over their lifetimes. They were assisted in the arduous, often dangerous process of childbirth by friends, relatives, and, in many cases, professional midwives. Birth took place at home, sometimes with the aid of a birthing chair, such as the folding chair from Sicily shown here.

The training and competency of midwives were often rudimentary, especially in the countryside. Enlightenment interest in education and public health helped inspire a movement across Europe to raise standards. One of its pioneers was Madame Angelique Marguerite Le Boursier du Coudray. Du Coudray herself had undergone a rigorous three-year apprenticeship and was a member of the Parisian surgeons' guild. She set off on a mission to teach rural midwives in the French province of Auvergne.

Du Coudray saw that her unlettered pupils learned through the senses, not through books. Thus she made, possibly for the first time in history, a life-size obstetrical model—a "machine"—out of fabric and stuffing for use in her classes. "I had . . . the students maneuver in front of me on a machine . . . which represented the pelvis of a woman, the womb, its opening, its ligaments, the conduit called the vagina, the bladder, and rectum intestine. I added [an artificial] child of natural size, whose joints were flexible enough to be able to be put in different positions."\* Now

du Coudray could demonstrate the problems of childbirth, and each student could practice on the model in the "lab session."

As her reputation grew, du Coudray sought to reach a national audience. In 1757 she published her *Manual on the Art of Childbirth*. The *Manual* incorporated her hands-on teaching method and served as a reference for students and graduates. In 1759 the government authorized du Coudray to carry her instruction "throughout the realm" and promised financial support.

Her classes brought women from surrounding villages to meet mornings and afternoons six days a week, with ample time to practice on the mannequin. After two to three months of instruction, Madame du Coudray and her entourage moved on. Teaching thousands of midwives, Madame du Coudray and her model may well have contributed to the



\*Quotes are from Nina Gelbart, The King's Midwife: A History and Mystery of Madame du Coudray (Berkeley: University of California Press, 1998), pp. 60–61.



Du Coudray's life-size model for simulating childbirth. (Musée Flaubert d'histoire de la médecine, Rouen)

birthing chair from Sicily. (Science & Society Picture Library)



Childbirth was traditionally a woman's world that brought female relatives, friends, and the midwife to the laboring woman's bedside, as shown in this Dutch painting from the late seventeenth century.

Umage copyright © The Metropolitan Museum of Art/Art Resource, NY)

decline in infant mortality and to the increase in population occurring in France in the eighteenth century — an increase she and her royal supporters fervently desired. Certainly she spread better knowledge about childbirth from the educated elite to the common people.

#### QUESTIONS FOR ANALYSIS

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- 1. How do you account for du Coudray's remarkable success? What does her story suggest about women's lives in this period, both within their families and in the economic realm? What kind of opportunities were available to women?
- What is painted on the Italian birthing chair where a woman's head would rest during labor? What might this suggest about childbirth in this period?
- 3. How might the Dutch painting of childbirth shown here differ if painted by a Western artist today?



"Incorrect method of delivery" from du Coudray's *Manual*. (Rare Books Division, Countway [Francis A.] Library of Medicine)

apothecaries, they laid great stress on purging, and bloodletting was still considered a medical cure-all. It was the way "bad blood," the cause of illness, was removed and the balance of humors necessary for good health was restored.

## Improvements in Surgery

Long considered to be craftsmen comparable to butchers and barbers, surgeons began studying anatomy seriously and improved their art in the eighteenth century. With endless opportunities to practice, army surgeons on gory battlefields led the way. They learned that a soldier with an extensive wound, such as a shattered leg or arm, could perhaps be saved if the surgeon could obtain a flat surface above the wound that could be cauterized with fire. Thus if a soldier had a broken limb and the bone stuck out, the surgeon amputated so that the remaining stump could be cauterized and the likelihood of death reduced.

The eighteenth-century surgeon (and patient) labored in the face of incredible difficulties. Almost all operations were performed without painkillers, for the anesthesia of the day was hard to control and too dangerous for general use. Many patients died from the agony and shock of such operations. Surgery was also performed in utterly unsanitary conditions, for there was no knowledge of bacteriology and the nature of infection. The simplest wound treated by a surgeon could fester and lead to death.

#### Midwifery

Midwives continued to deliver the overwhelming majority of babies throughout the eighteenth century. Trained initially by another woman practitioner—and regulated by a guild in many cities—the midwife primarily assisted in labor and delivering babies. She also treated female problems, such as irregular menstrual cycles, breast-feeding difficulties, infertility, and venereal disease, and ministered to small children.

The midwife orchestrated labor and birth in a woman's world, where friends and relatives assisted the pregnant woman in the familiar surroundings of her own home. The male surgeon (and the husband) rarely entered this female world, because most births, then as now, were normal and spontaneous. After the invention of forceps became publicized in 1734, surgeon-physicians used their monopoly over this and other instruments to seek lucrative new business. Attacking midwives as ignorant and dangerous, they sought to undermine faith in midwives and persuaded growing numbers of wealthy women of the superiority of their services. As one male expert proclaimed:

A midwife is usually a creature of the lowest class of human beings, and of course utterly destitute of education, who from indigence, and that she is incapable of everything else, has been compelled to follow, as the last and sole resources a profession which people fondly imagine no very difficult one, never dreaming that the least glimpse of previous instruction is required for that purpose. . . . Midwives are universally ignorant. For where or how should she come by any thing deserving the name of knowledge. <sup>29</sup>

Research suggests that women practitioners successfully defended much but not all of their practice in the eighteenth century. One enterprising French midwife, Madame du Coudray, wrote a widely used textbook, Manual on the Art of Childbirth (1757), in order to address complaints about incompetent midwives. She then secured royal financing for her campaign to teach birthing techniques. Du Coudray traveled all over France using a life-size model of the female torso and fetus to help teach illiterate women. (See "Living in the Past: Improvements in Childbirth," page 602.) Despite criticism, it appears that midwives generally lost no more babies than did male doctors, who were still summoned to treat non-elite women only when life-threatening situations required surgery.

Women also continued to perform almost all nursing. Female religious orders ran many hospitals, and at-home nursing was almost exclusively the province of women. Thus, although they were excluded from the growing ranks of formally trained and authorized practitioners, women continued to perform the bulk of informal medical care. Nursing as a secular profession did not emerge until the nineteenth century.

## The Conquest of Smallpox

Experimentation and the intensified search for solutions to human problems led to some real advances in medicine after 1750. The eighteenth century's greatest medical triumph was the eradication of smallpox. With the progressive decline of bubonic plague, smallpox became the most terrible of the infectious diseases, and it is estimated that 60 million Europeans died of it in the eighteenth century.

The first step in the conquest of this killer in Europe came in the early eighteenth century. An English aristocrat whose beauty had been marred by the pox. Lady Mary Wortley Montagu, learned about the long established practice of smallpox inoculation in the Muslim lands of western Asia while her husband was serving as British ambassador to the Ottoman Empire.

The Wonderful Effects of the New Inoculation! The talented caricaturist James Gillray satirized widespread anxieties about the smallpox vaccination in this lively image. The discoveries of Edward Jenner a few years prior to Gillray's caricature had led to the adoption of a safer vaccine derived from cowpox. The artist mocks this breakthrough by showing cows bursting from the boils supposedly brought on by the vaccine. (Private Collection/The Bridgeman Art Library)

She had her own son successfully inoculated with the pus from a smallpox victim and was instrumental in spreading the practice in England after her return in 1722. But inoculation was risky and was widely condemned because about one person in fifty died from it. In addition, people who had been inoculated were infectious and often spread the disease.

While the practice of inoculation with the smallpox virus was refined over the century, the crucial breakthrough was made by Edward Jenner (1749–1823), a talented country doctor. His starting point was the countryside belief that dairymaids who had contracted cowpox did not get smallpox. Cowpox produces sores that resemble those of smallpox, but the disease is mild and is not contagious.

For eighteen years Jenner practiced a kind of Baconian science, carefully collecting data. Finally, in 1796 he performed his first vaccination on a young boy using matter taken from a milkmaid with cowpox. After performing more successful vaccinations, Jenner

published his findings in 1798. The new method of treatment spread rapidly, and smallpox soon declined to the point of disappearance in Europe and then throughout the world.

#### Notes

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- George Sussman, Selling Mother's Milk: The Wet-Nursing Business in France, 1715–1914 (Urbana: University of Illinois Press, 1982), p. 22.
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- 14. Cited in Woods, "Did Montaigne Love His Children?" p. 421.
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- Neil McKendrik, John Brewer, and J. H. Plumb, The Birth of a Consumer Society: The Commercialization of Eighteenth-Century England (Bloomington: Indiana University Press, 1982).

- Daniel Roche, The Culture of Clothing: Dress and Fashion in the Ancien Regime, trans. Jean Birrell (Cambridge, U.K.: Cambridge, University Press, 1996).
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- 22. Quoted in K. Pinson, *Pietism as a Factor in the Rise of German Nationalism* (New York: Columbia University Press, 1934), p. 13.
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- Quoted in S. Andrews, Methodism and Society (London: Longmans, Green, 1970), p. 327.
- Dale Van Kley, "The Rejuvenation and Rejection of Jansenian in History and Historiography," French Historical Studies 29 (Fall 2006): 649–684.
- David Sabean, The Power in the Blood: Popular Culture and Village Discourse in Early Modern Germany (Cambridge, U.K.: Cambridge University Press, 1984), p. 174.
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The fundamental patterns of life in early modern Europe remained very much the same up to the eighteenth century. The vast

majority of people lived in the countryside and followed age-old rhythms of seasonal labor in the fields and farmyard. Community ties were close in small villages, where the struggle to prevail over harsh conditions called on all hands to work together and to pray together. The daily life of a peasant in 1700 would have been familiar to his ancestors in the 1400s. Indeed, the three orders of society enshrined in the medieval social hierarchy—clergy, nobility, peasantry—were binding legal categories in France up to 1789.

And yet, the economic changes inaugurated in the late seventeenth century—intensive agriculture, cottage industry, the industrious revolution, and colonial expansion—contributed to the profound social and cultural transformation of daily life in eighteenth-century Europe. Men and women of the laboring classes, especially in the cities, experienced change in many facets of their daily lives: in loosened community controls over sex and marriage, rising literacy rates, new goods and ways of utilizing space, and a wave of religious piety that challenged traditional orthodoxies. Both their age-old cultural practices and new religious fervor were met with mounting disbelief and ridicule by the educated classes in a period of increased distance between popular and elite culture.

Economic, social, and cultural change would culminate in the late eighteenth century with the outbreak of revolution in the Americas and Europe. Initially led by the elite, political upheavals relied on the enthusiastic participation of the poor and their desire for greater inclusion in the life of the nation. Such movements also encountered resistance from the common people when revolutionaries trampled on their religious faith. For many observers, contemporaries and historians alike, the transformations of the eighteenth century constituted a fulcrum between the old world of hierarchy and tradition and the modern world with its claims to equality and freedom.

## REVIEW and EXPLORE

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#### LearningCurve

After reading the chapter, go online and use LearningCurve to retain what you've read.

#### dentify Key Terms

Identify and explain the significance of each item below.

community controls (p. 578)

charivari (p. 578)

illegitimacy explosion (p. 579)

wet-nursing (p. 581)

blood sports (p. 587)

carnival (p. 587)

just price (p. 589)

consumer revolution (p. 592)

**Pietism** (p. 597)

Methodists (p. 598)

Jansenism (p. 600)

#### Review the Main Ideas

Answer the focus questions from each section of the chapter.

- What changes occurred in marriage and the family in the course of the eighteenth century? (p. 576)
- What was life like for children, and how did attitudes toward childhood evolve? (p. 580)
- How did increasing literacy and new patterns of consumption affect people's lives?
   (p. 586)
- What were the patterns of popular religion, and how did they interact with the worldview of the educated public and their Enlightenment ideals? (p. 596)
- How did the practice of medicine evolve in the eighteenth century? (p. 601)

#### Make Connections

Think about the larger developments and continuities within and across chapters.

- 1. How did the expansion of agriculture and trade (Chapter 17) contribute to a new way of life in the eighteenth century?
- 2. What were the main areas of improvement in the lives of the common people in the eighteenth century and what aspects of life remained unchanged or even deteriorated?
- 3. How did Enlightenment thought (Chapter 16) impact education, child care, medicine, and religion in the eighteenth century?



#### ONLINE DOCUMENT ASSIGNMENT The Inner Life of the Individual

How did the increasing emphasis on the inner life and development of the individual in the eighteenth century find expression in the art of the period?

Keeping the question above in mind, go to the Integrated Media and analyze a series of paintings by Jean-Baptiste-Siméon Chardin that depict various aspects of daily life and reveal the era's increased attention to individual emotion and development. Then complete a writing assignment based on the evidence and details from this chapter.

#### **Suggested Reading and Media Resources**

- · Bergin, Joseph. Church, Society, and Religious Change in France, 1580-1730. 2009. A study of changing religious views in France from the wars of religion to the Enlightenment and the interaction of church and society.
- Bongie, Laurence L. From Rogue to Everyman: A Foundling's Journey to the Bastille. 2005. The story of an eighteenth-century orphan and, through his eyes, the Parisian underworld of gamblers, prostitutes, and police spies.
- Burke, Peter. Popular Culture in Early Modern Europe, 3d ed. 2009. An updated version of a classic introduction to everyday life, mentalities, and leisure pursuits.
- Carrell, Jennifer. The Speckled Monster: A Historical Tale of Battling Smallpox. 2003. A lively popular account of the spread of inoculation.
- Crawford, Katherine. European Sexualities, 1400–1800. 2007. A broad survey of cultural and social aspects of sex and sexuality in early modern Europe.
- Gawthrop, Richard. Pietism and the Making of Eighteenth-Century Prussia. 2006. An examination of the importance of Pietist morality and institutions in the making of the Prussian state.
- Gelbart, Nina. The King's Midwife: A History and Mystery of Madame du Coudray. 2002. A vivid and accessible biography of the most famous midwife of eighteenthcentury France.
- · Harrington, Joel. The Unwanted Child: The Fate of Foundlings, Orphans, and Juvenile Criminals in Early Modern Germany. 2009. Examines the fate of abandoned, orphaned, and delinquent children through the life stories of five individuals.
- Kertzer, David I., and Marzio Barbagli, eds. Family Life in Early Modern Times, 1500-1789. 2001. A rich collection of essays on the history of the family, women, and children in early modern Europe.
- Mintz, Sidney W. Sweetness and Power: The Place of Sugar in Modern History. 1985. A fascinating exploration of the shifting cultural significance of sugar and its transformation from elite luxury good to everyday staple.
- Trentman, Frank, ed. The Oxford Handbook of the History of Consumption. 2012. A series of essays presenting the most recent research on the history of consumption, including global perspectives.

#### DOCUMENTARIES

· At Home with the Georgians (BBC, 2011). A documentary examining the new domestic ideals of the eighteenth century, with re-enactments of daily life in British homes in all ranks of society.

#### FEATURE FILMS AND TELEVISION

- · Barry Lyndon (Stanley Kubrick, 1975). The adventures of an eighteenth-century Irish rogue who marries a rich
- Beaumarchais the Scoundrel (Edouard Molinaro, 1996). The story of French playwright Beaumarchais and his numerous romantic escapades in eighteenth-century
- · City of Vice (Channel 4, 2008). A British crime series focusing on Henry Fielding, the eighteenth-century writer and magistrate who founded the first police force of London, the Bow Street Runners.
- The Fortunes and Misfortunes of Moll Flanders (PBS, 1996). A lively Masterpiece Theater adaptation of Daniel Defoe's famous novel recounting an orphaned girl's struggle to survive in eighteenth-century London.

#### WEB SITES

 18th Century Blog: Fashion and Culture from the 1700s. A blog devoted to the clothing, art, and literature of eighteenth-century Europe, with reviews of books and historical films and links to other relevant blogs and Web sites.

#### 18thcenturyblog.com/

 Colonial Williamsburg. Click on "Coffeehouse" for a set of short videos that document the archaeological excavation of a mid-eighteenth-century coffeehouse at Colonial Williamsburg and that show re-enactments of life in the coffeehouse.

#### www.history.org/media/videoPlayer/index.cfm

 London Lives. A collection of almost 250,000 searchable digitized primary sources about ordinary people in eighteenth-century London, including criminal trials, hospital records, and other documents. www.londonlives.org/static/Project.jsp